

Most serious reactions happen in the first 15 minutes of starting IV iron

Common Side Effects that do not require an Emergency Department visit:

- brown tinted urine
- dark coloured stool/feces
- constipation
- nausea
- rash
- diarrhea
- tenderness at the IV site after the IV iron infusion.

Go to the nearest Emergency Department if you have any of the following:

- trouble breathing, or catching your breath when at rest
- vomiting that will not stop
- feeling lightheaded, dizzy or faint
- chest pain
- headache that comes on suddenly, and will not go away
- swelling of your face, tongue or throat
- swelling of your hands or feet
- itching, rash or hives
- abdominal pain.

Iron Infusion– MONOFERRIC™

Iron Isomaltoside Intravenous

What does IV iron do?

- This form of iron is given by intravenous (IV) for Iron Deficiency Anemia (IDA). Anemia is when your body does not have enough red blood cells to carry the oxygen through your body. When your body does not have enough iron, you may feel weak, have trouble thinking clearly, and feel more tired than usual.
- If you have taken iron pills and it has not helped you feel better, IV iron is the next step.
- IV Iron is given at the hospital.
- IV Iron helps strengthen the red blood cells so that the cells can carry iron and oxygen around your body.
- When oxygen is able to move through your body, you will have more energy for your activities and be able to think more clearly.

What to expect at my appointment?

- Arrive at the Registration Department 30 minutes before your appointment time.
- The IV iron infusion takes about 30 minutes to complete.
- You need to stay 30 minutes after the IV iron infusion so that you can be monitored for any reaction to the iron.
- You are given a paper document with the date your blood tests you are to be completed. It is important to get your blood work completed to see how well the iron is working in your body.
- Your doctor and the pharmacist look at your blood work results and contact you if you need more IV iron.



**Saskatchewan
Health Authority**